

# HELPING WOMEN AND DAUGHTERS RECONNECT WITH GOD THROUGH REVELATIONSHIP.

As someone shaped by homeschooling, motherhood, and a deep love for Scripture, I now help women and daughters reconnect with the God who lovingly reveals himself.



When my first husband divorced me...when I lost my first child to miscarriage...when the man I loved (whom I later married) broke up with me for the third time and dated the woman he thought was the answer to prayer...when I broke my neck in a car accident...when I lost another child...and when I waited ten years to hold my son in my arms—the only thing that kept hope alive in me was God revealing himself.

It was the God who sees me (El Roi) who kept me from losing faith.

It was the God who declares truth over me (Jehovah Nissi) who silenced the lies that circumstances shouted.

And it was the God who makes and keeps promises who reminded me that I was never forgotten. I've learned that when God reveals himself, it's always an invitation into deeper relationship. That's why I speak and write about what I call "revelationship"—knowing and being known by God in a way that transforms your everyday life. (It's also the name of the book and devotional I co-wrote with my father, Dr. Randy Colver.)

Whether I'm teaching from Scripture, speaking at retreats, or sitting across the table from a weary mama, my passion is to make theology accessible, Spirit-filled, and practical—for real life, real struggles, and real women raising the next generation.



*Cathy Garland*

Revelationship.net

P: 229.46.3259

E: seekrevelationship@gmail.com

# TOPICS I SPEAK ON

## **The Bondage of Balance: Breaking Free from the Lie of the Perfect Life**

We've been sold the idea that we can do it all and do it perfectly—with the right planner, the right habits, and the right mindset. But the pursuit of balance is often a disguised idol promising peace and delivering burnout. In this teaching, I expose the false gospel of balance and invite listeners into the better way: resting in the God who never called us to be everything—just his.

## **Revelationship: How God Reveals Himself for the Sake of Relationship**

This talk dives into the heartbeat of Scripture: God making himself known to draw us into intimacy with him. We'll explore how we can learn to recognize him moving in our everyday lives through a practice I call "practicology"—training our hearts to notice and respond to his revelationship.

## **Suffering and the God Who Whispers To The Hurting**

From miscarriage, heartbreak, and disappointment to deconstruction and church hurt, my own story is one of God's sustaining nearness in suffering. In this message, I share how God reveals his nature most clearly in our pain—and how joy and perseverance can coexist when we know who he really is.

## **The Gospel: Clear, Bold, and Always Relevant**

Whether I'm teaching on balance, suffering, or spiritual formation, I always share the gospel. This session is a clear, concise unpacking of the full gospel of Jesus Christ—good news for real life, not just Sunday mornings. It equips women to understand and articulate the hope that anchors them.

## **God's Nature: The Antidote to What Ails Us**

Anxiety. Identity confusion. Exhaustion. Legalism. Loneliness. Whatever the ache, God doesn't just offer relief—he offers himself. In this talk, we examine the character of God through his names and nature, discovering how knowing who he is reshapes how we live and suffer.

## **How to Discover the Living God of the Old Testament**

Many skip the Old Testament, thinking it's outdated, confusing, or harsh. But God's revelations are on display, most clearly in Genesis. This session equips women to read the Old Testament with new eyes—to see not just laws or lineage, but a living, loving God revealing his heart, character, and promises in every story.

# WHO I LOVE TO MINISTER TO

- Homeschool mothers and daughters
- Women's ministry groups
- Moms' small groups and co-ops
- Christian schools and parent groups
- Retreats, conferences, and online events

## BOOKS & RESOURCES

### **Revelationship: Transformative Intimacy with Christ (EnRoute Books & Media)**

In *Revelationship: Transformative Intimacy with Christ*, co-authored with my father, Dr. Randy Colver, we explore how God reveals himself to us with the purpose of creating a deep, intimate relationship. Winner of The Summit Regal Award (2025) for nonfiction.

### **The Revelationship Devotional & Study Guide (EnRoute Books & Media)**

More than just a devotional, this devotional is an immersive experience designed to help women and daughters reconnect with God in personal, transformative ways. Winner of The Summit Regal Award (2025) for self-help.

- Journaling prompts to open your heart to God
- Mindfulness exercises for soaking in His presence
- 250+ pages with beautiful photos to inspire your imagination
- Discussion questions for exploration within a group
- QR codes linking to worship music for a complete experience

### **Gracefull Musings Blog**

I've been writing *Gracefull Musings* for years, offering reflections and insights from Scripture and everyday life. Aimed especially at busy women, particularly moms, my blog focuses on the transformative grace of God and how it shows up in daily moments. I write with the intent of making theology accessible and relevant to today's culture.

# WHAT OTHERS ARE SAYING

Pastor Catherine Mullins Robbins

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Cathy Garland is a powerful, Spirit-led communicator who carries both depth and clarity. She has a unique ability to deliver hard-hitting truth with grace, inspiring people to embrace conviction and step into freedom. Whether she's preaching or praying, she ministers with prophetic accuracy and contagious faith.

Pastor Sharon Mullins

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Don't miss the inspired word of God as it flows from Cathy Garland in power and might. She is the real deal, living out what she teaches and preaches. She communicates effectively in her writing and speaking, coming from a heart of genuine love combined with years of Biblical study and practical application as she ministers. I highly endorse and recommend Cathy Garland to you.

Sharon Fincannon - Healing Prayer Ministry

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I would highly recommend Cathy Garland as a speaker. I've known her for several years and can honestly say I don't know anyone else with her broad depth of spiritual/church knowledge, wisdom, or intelligence. She is also highly gifted with the unique ability to pair and articulate both the love and truth of God with crucial practical application. Her gifting has also led her into the vital, hands-on ministry of deliverance. I have been greatly blessed to be in the room under Cathy's multi-level instruction and prayer ministry, resulting in the freedom and healing from a wide variety of strongholds and causes. The Church and the world need more devoted followers of Christ like Cathy to help fully bring God's Kingdom to earth. She would be a blessing in so many arenas to help both teach people about the true God of the Bible, but also how to make Him the center of their lives.